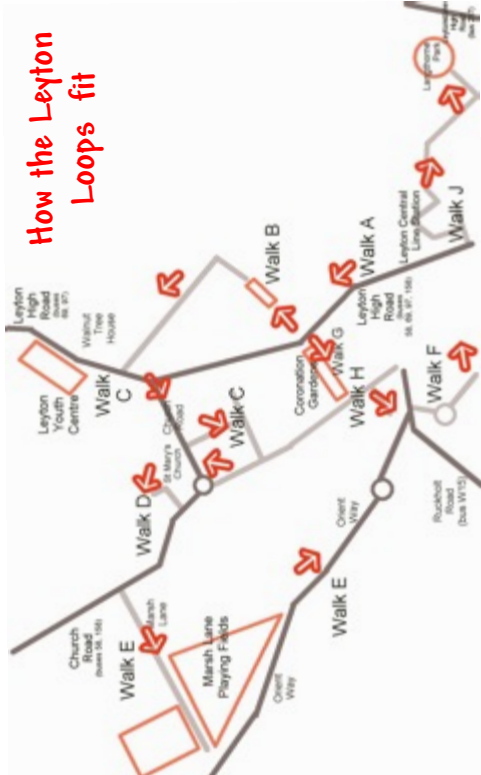


diagram map of Walk E



**W**altham  
**F**orest  
**W**alks

Leyton Loops

The 'Leyton Loops' are suggested short walks to be tried separately, or joined together for a longer walk.

Leaflets covering the full series of walks should be available from Council information centres; they can also be downloaded from this website :

[www.walthamforestwalks.info](http://www.walthamforestwalks.info)

where you will find walk updates and a wider selection of walking routes in the Borough of Waltham Forest with information about local history and interesting buildings.

We welcome suggestions as to how these routes and the leaflets can be improved. Contact the Voluntary Co-ordinator, David Boote phone 0845 009 0073, email david\_boote@yahoo.com



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part of the  
**Leyton Loops**  
series of short walks

from the junction of Marsh Lane with Church Road to the junction of Orient Way with Ruckholt Road

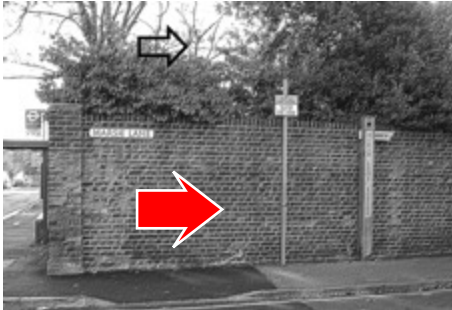
a walk of 1½ miles / 2⅓ kilometres on tarmaced and paved surfaces

This route is suitable for wheelchairs and children's buggies if you are careful



Walk  
**E**

from the junction of Marsh Lane with Church Road  
to the junction of Orient Way with Ruckholt Road  
(a walk of 1½ miles / 2¼ kilometres on tarmaced and paved)



Go down Marsh Lane (buses 58 and 158 go past)



Cross over the Dagenham Brook, past the Eton Manor Lodge, along a tree-lined avenue between football pitches, to the end



Turn right onto a footpath (signposted)



Near a footbridge, turn left through a gap in the bushes into Orient Way, and turn left again



Follow the whole length of Orient Way past the Gateway Road turning to a roundabout



At the roundabout fork left



< Ruckholt Road (bus W15) >



Or cross Ruckholt Road



See the separate leaflet for Walk F to Leyton Central Line station